



Heritage Craft Product's Guide to Mandala Rock Art



What is Mandala Rock Art?

Even though Australian Aboriginal Art only became popular in the seventies the Ancient Aboriginals are arguably the founders of "Dot Art" as most of their visual story telling paintings and art were done with a "Dot Art" technique, which can still be seen today in modern Aboriginal work.

"Mandala" is described as a geometric configuration of symbols that is a spiritual and ritual symbol in Hinduism and Buddhism, representing the universe.

With Genuine Heritage Acrylic Paint, a "Rock", "Dot Art" technique, imagination and creativity, Mandala Rock Art can therefore be anything your imagination desires!

Why not create your own Mandala Rock with us!

What do I need

Smooth Pebble
Paint Brushes
Dot Art Tool – can be a stylus or anything that can create a "dot"
Genuine Heritage Acrylic Paint
Genuine Heritage Craft Varnish

Step one

Wash the rock thoroughly using Sunlight Liquid or a detergent to ensure all dirt and grease is removed from the rock. For stubborn dirt use a scrubbing brush. Allow to dry.

Step Two

It is not necessary to paint a basecoat, should your however choose to remember a dark or black basecoat will allow any small mistakes to be easily corrected (remember though there is no such thing as a mistake....). When choosing to paint a basecoat ensure that it is consistent & smooth. Allow to dry.

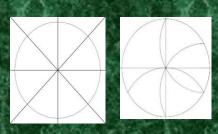
Step Three

Draw guidelines onto the rock with a pencil and ruler, it is important to always find your centre as this is core to any Mandala piece. Note you can even create your design free hand or perhaps use a compass to create arcs. A great tip is to practice your design first on a piece of paper.

To create the dots, you can use a stylus however almost anything can be used to create the dots and vary the sizes, for example the tip of a pencil, the back of a pencil, a toothpick, back of a paint brush, dowel sticks, sosatie / kebab stick, or even a cotton earbud.











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When starting, always start dotting from the centre of your design and work your way to the edges. Start with a bigger dot in the centre and create rings around the centre dot.

Follow your pattern to create evenly spaced dots. Use your imagination and vary your colours and sizes. See some tips below:

- Make sure the consistency of your paint is not too thin as colours will run (a yoghurt-like consistency is good).
- Hold your dotting tool perpendicular (90°) to the surface and press down on the surface.
- Only dip the tip of the dotting tool into the paint and try not to have any paint dripping as the dot will not be perfect.
- Not all designs have to be perfectly circular Use your imagination!
- To "Stack" dots (a dot on top of a dot) make sure that the paint of the bottom dot has dried sufficiently before applying the next dot. Remember to gently remove the dotting tool to prevent any splashing.
- Mix colours to create new colours.
- Have Fun!



Seal your Art with a varnish.

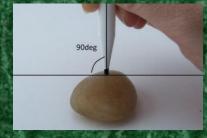
Pour a small amount of the varnish into a container and use a brush or sponge to cover the rock.

Do this by applying the varnish from one point and continue to the other end, do not lift the brush or sponge. Apply one coat in the same direction, allow sufficient time to dry and then apply a second cost in the opposite direction.

Do not pour any left-over varnish back into the bottle as this may cause contamination.



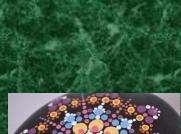




















Step-by-step Mandala Rock Art



