



A word cloud on a wooden sign background. The words are arranged in a circular pattern, with the largest words in the center. The words include:

- Arts & Crafts
- Creative Ideas
- Inspiration
- How to?

The words are repeated in various sizes and orientations, creating a dense, circular arrangement.



## What is Paint Pouring?

Paint pouring is a technique used to mix acrylic paint with a pouring medium to create one-of-a-kind abstract pieces. Once the paint is poured the surface is tilted and turned in different directions to allow the colours to interact in interesting and unpredictable ways.

Each pour will never be the same! Our guide is for "Flip-Cup-Pouring". For this technique, each colour is mixed individually in its own cup with scumbling medium. Once properly mixed the cups are flipped onto the 3D Craft Board which is tilted and turned to allow the colours to interact and mix.

**Why not create your own one-of-a-kind abstract masterpiece with us?**

## What do I need

3D Craft Board  
Scumbling Medium  
Genuine Heritage Acrylic Paint  
Pouring Cups

## Step one

Before you get started, note that although it's a fun process, paint pouring can be very messy, be sure to protect your clothes and workspace.

The first step is to prepare your 3D Craft Board for the pour.

Do this by painting the edge of the top and sides with one of the dark colours. This is done to create a slight barrier on the top to slow down the interaction of the colours when they are poured and mixed and by painting the sides it will help to cover noticeable gaps when the colours run down the sides.

Allow the paint to dry.



## Step two

Pour about half of each colour into the pouring cups and add approximately 1 teaspoon of the Genuine Heritage Scumbling Medium to each cup.

Stir these thoroughly and try to ensure that there are no air bubbles in your cup. Try tapping the cup on your workbench to remove the air bubbles.

## Step three

Place your 3D Craft Board Flat on your workbench.

Flip each cup onto the 3D Craft Board and slowly lift each one to allow the paint to release from the bottom of the cup.

Remember the colours will interact unpredictably dark and light colours will provide the best contrast so arrange the colours appropriately when you flip them.



## Step four

Lift the 3D Craft Board and tilt and turn the board in all directions to get the colours to mix and interact with each other. Move the board so that the entire surface gets covered, edges and corners. The more tilting and turning the more patterns will form.

Allow the paint to drip over the sides to create 3d effects. Continue to tilt and turn until the entire surface is covered or you have achieved your desired pattern.

At this stage you can add any leftover or additional paint and scumbling medium to areas where you want more colour or where the surface has not been covered.



## Step five

Place your 3D Craft Board on any object that will raise it off the surface (an empty margarine tub works perfectly).

Don't place the board on newspaper or plastic as the wet paint will stick and will ruin the edges.

The paint will continue to run over the edges (don't worry this creates great effects).

At this stage you can still do a few touch ups, try not to touch any of the wet paint though, it will cause indentations and smudges.

Allow your masterpiece to dry thoroughly, depending on the thickness of the pour it may take a day or two.

Some drops may form and dry right on the bottom edge, carefully smooth out with sandpaper or cut with a sharp knife.

